



Seven Days to Sex Appeal: How to Be Sexier Without Surgery, Weight Loss, or Cleavage

Eva Margolies, Stan Jones

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Sex appeal is something that anyone can learn with coaching and practice . . . [It] has more to do with how men and women sit, stand, walk, and dress and the way they use their hands, voice, and facial expressions than it does with physical beauty." --Eva Margolies

Learn how to be more attractive and self-confident without relying on rhinoplasty, the latest diet du jour, or a different cup size with this seven-day guide on how to attract the best that life has to offer.

Relationship and communication experts Eva Margolies and Stan Jones offer an authoritative primer to help women discover their inner sex appeal by mastering effective gender signals-like the proper way to sit, gaze, and vocally communicate through body language that communicates femininity instead of blatant physicality.

This accessible and easy-to-follow guide features four-color illustrations that perfectly demonstrate key gender signals and instructs readers on how to manipulate the level of sex appeal they wish to convey by turning it off or on, up or down, depending on the image they wish to project.

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