



New Models of Bereavement Theory and Treatment: New Mourning

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Honoring the centennial of Sigmund Freud's seminal paper *Mourning and Melancholia*, *New Models of Bereavement Theory and Treatment: New Mourning* is a major contribution to our culture's changing view of bereavement and mourning, identifying flaws in old models and offering a new, valid and effective approach.

George Hagman and his fellow contributors bring together key psychoanalytic texts from the past 20 years, exploring contemporary research, clinical practice and model building relating to the problems of bereavement, mourning and grief. They propose changes to the asocial, intra-psychic nature of the standard analytic model of mourning, changes compatible with contemporary psychoanalytic theory and practice. Arguing that the most important goal of mourning is often to preserve, rather than give up the relationship to the deceased, this book provides a more positive, hopeful model. Crucially, it emphasizes the importance of mourning together, rather than alone.

New Models of Bereavement Theory and Treatment: New Mourning will be the go-to resource for researchers, clinicians and interested lay people seeking a clear, accessible overview of contemporary mourning theory, useful in their daily lives and in clinical practice. It will appeal to psychoanalysts, psychotherapists, grief counsellors, as well teachers, undergraduates and advanced students studying in the field.

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