



# Paleo Lunch: Delicious Paleo Recipes for Home or Work for Busy Bodies

*Angelina Dylan*

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## Paleo Lunch

### Delicious Paleo Recipes for Home or Work for Busy Bodies

This book contains proven steps and strategies on how to prepare **Paleo lunches that are perfect for busy people.**

This book also provides a list of foods that are considered as Paleo foods, as well as those that are not so you will be guided in your everyday food preparations. **In addition, this book contains easy to follow recipes that are tasty and budget-friendly.**

#### Also, included in this book:

- **Easy Recipes for Meat Dishes**
- Easy Recipes for Sea Food Meals
- **Poultry and Vegetable Dishes**
- Chicken Stir-fry
- **Glazed Teriyaki Chicken**
- And much more!

**Make lunch times more exciting with these delicious recipes!**

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