



Natural Alternatives to Antibiotics

John McKenna

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'A long-awaited book that answers many questions' Jan de Vries When antibiotics were developed in the 1940s, they were hailed as a huge breakthrough in the treatment of bacterial infections. Since then they have become the most commonly prescribed drugs in the world. However, massive over-prescribing is causing increasing problems. The advent of antibiotic-resistant organisms or 'superbugs' has more and more people demanding alternatives. Since it was published in 1996 'Alternatives to Antibiotics' has been translated into 16 languages and has been an international bestseller. 'Natural Alternatives to Antibiotics' is a revised and updated edition of this important book. Dr John McKenna looks at the various strains of infections which have become resistant since his book was first published. He has expanded his sections on alternative, herbal, homeopathic and nutritional medicines, and shows directly that it is still possible to treat infections without antibiotics while still acknowledging the times that they may be necessary.

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