



# Advanced Nutrition and Human Metabolism

*James L. Groff, Sareen S. Gropper, Sara Hunt*

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For the advanced course for majors, this text takes a cells to systems approach. The text and research focus on normal nutrition and physiological function in the human, rather than on strictly clinical aspects. The new edition features updated coverage of antioxidants and alcohol. This edition includes the 1993 Diabetes Control and Complications Trial.

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