



# Juanita and the House of Mirrors: A Journey Through the Mother Daughter Phenomenon

*Joy Richardson*

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The mother-daughter connection is unlike any other, and while that special bond can often be filled with beauty and light, it can also take a dark turn and become abusive. A negative maternal experience is, sadly, very difficult for women to talk about.

In *Juanita and the House of Mirrors: My Journey through the Mother-Daughter Phenomenon*, author Joy Richardson shares her difficult upbringing and the complex and painful relationship she had with her mother as well as relaying some stories shared with her by other women detailing their own mother-daughter experience.

Insightful and rigorously honest, Richardson's tales of her young life are grim accounts of abuse—both physical and mental—that convey the darkness of years spent in deep disconnection.

While they may be uncomfortable, these pages also offer power, healing, hope, and even a little humor to the lives of those who may be struggling to come to terms with an unfinished maternal relationship.

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