

### HEALTH: EPSOM SALT: 150 Extraordinary Natural Remedies, Uses, & Benefits For Your Health, Body, Beauty, & Home (Home Remedies, DIY Recipes, Pain Relief, Detox, Natural Beauty, Gardening, Weightloss)

Lilian Welles

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A groundbreaking, highly informative book that costs less than a cup of coffee, yet it will have a substantial return on your health, body, beauty, and home.

Epsom salt looks like a seemingly simple everyday product – but that's where its magic comes from. Every Home Should Own a Tub Of Epsom Salt! And this book is going to teach you why by revealing 150 extraordinary benefits of Epsom salt that will literally blow your mind!

Do you think it's just for toe nails? Think again! Actually, Epsom salt is considered one of the worlds hidden wonders. Incorporating it into your daily routine could make a difference in several aspects of your life. This book shows you how to do it in a simple, convenient, safe and hassle-free way!

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How To Use Epsom Salt For Increased Health & Vitality

First Aid With Epsom Salt

**Epsom Salt Bath Recipes** 

The Secret Beauty Benefits Of Epsom Salt

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