



Good Fare: A Book of Wartime Recipes

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Originally published in 1941, this delightful reference is packed with practical, nutritious, and frequently delicious recipes that reveal how Britain really ate in wartime. With its emphasis on cooking without wasting food, fuel, it is the ultimate guide to organizing a kitchen that wastes not and wants not. The recipes are specifically geared to making the most of home-grown fruit and vegetables, of making a little meat go a long way, and of making unfamiliar cuts and methods fresh and appealing.

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