

# Paleo Lunch Box for Kids: Super Easy, Mom-Approved Gluten Free Recipes Your Kids Will Love!

Angelina Dylon



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## Paleo Lunch Box for Kids

### Super Easy, Mom-Approved Gluten Free Recipes Your Kids Will Love!

This book contains proven steps and strategies on how to prepare the healthiest paleo meals for your schooling kids.

Paleo Kids Lunch Box: Super Easy, Mom-Approved Gluten Free Recipes Your Kids Will Love! features the most wholesome

diet on the planet for your children—Paleo. Paleo is the perfect diet that will help you look after your children's

weight. This book contains about fifty paleo recipes your kids will surely love.

We understand that your kids are choosy when it comes to their meals, so we made sure our recipes are perfect for

introducing your kids to the paleo diet. Paleo diet allows your kids to have more energy throughout the school day,

to sleep better, and to aim higher in school.

## In This Book You Will Find:

- How to Introduce Your Kids to the Paleo Diet
- What to Include in their Meals and What to Avoid
- What Tools to Keep in Your Kitchen
- Delicious Paleo Seafood Recipes
- Paleo Vegetable Dishes
- Paleo Poultry Meals
- And Much More!

Give your kids delicous healthy meals which can be prepared quick and easy.

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