



Eating with Your Anorexic: How My Child Recovered Through Family-Based Treatment and Yours Can Too

Laura Collins

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A source of hope and valuable information for parents of children with eating disorders

This poignant and informative narrative relates how one mother rescued her daughter from the "experts" and treated the girl's life-threatening anorexia using a controversial approach. Known as the Maudsley Approach, this home-based, family-centered therapy, developed in Great Britain in the 1980s, has been receiving a lot of press here over the past few years. While it has been widely used in Europe for many years and is rapidly gaining acceptance among parents and within the pediatric and child psychiatric communities in the United States, until now, there were no popular books on the subject. Must-reading for parents of children with eating disorders, *Eating with Your Anorexic* is:

- The first popular book on an increasingly popular approach to curing eating disorders
- A source of practical information and guidance for parents of children with eating disorders
- An eloquent narrative filled with pathos that inspires, empowers, and informs

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