



A Case a Week: Sleep Disorders from the Cleveland Clinic

Nancy Foldvary-Schaefer, Jyoti Krishna, Kumaraswamy Budur

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Offering a practical approach to the introduction of sleep medicine, this easy-to-use, concise volume uses actual patient cases from the Cleveland Clinic Sleep Disorders Center. A wide spectrum of diagnoses are included to expose the reader to the extensive range of sleep-wake disorders that a patient can experience. Written in a concise format designed to illustrate the signs and symptoms, diagnostic criteria, workup and routine treatment of patients presenting to the sleep clinic, this volume serves as a practical text perfect for the busy primary-care practitioner seeking to improve her knowledge of sleep-wake disorders. Whenever possible, tracings from diagnostic tests, photography, and video clips are provided to enhance clinical presentations and to aid in recognition of abnormalities identified in the sleep laboratory.

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