



Grit and Grace: Fighting Breast Cancer One Step at a Time

Carrie S. Bell

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Grit and Grace offers readers a window into the physical and emotional world of a breast cancer patient. The author includes blog posts she wrote during treatment as well as more recent reflections from her perspective as a breast cancer survivor. What's it like to have chemo and lose your hair? Should you be open about your illness with family and friends? How do you feel before and after a mastectomy? Does radiation hurt? How do you get your life back once treatment is over? Grit and Grace answers these questions and more, providing insight and inspiration along the way.

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