



Diary of a Predator: A Memoir

Amy Herdy

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This groundbreaking tour de force presents the gripping, true account of one of America's most notorious serial rapists and the tough female journalist assigned to cover his case.

Following an exhaustive manhunt and his capture in 2005, Brent Brents sent letters and his journal to *Denver Post* reporter Amy Herdy -- with the condition that she alone tell his story. Here, then, in his raw and uncensored words, Brents reveals shocking details about his childhood abuse and the monstrous acts he later committed. Going way beyond just the facts, he gives us an unprecedented look inside the twisted mind of a sociopath.

At the same time, Amy has a personal story to tell. Rocked to the core by Brents' disturbing case, she sets out to understand this ruthless criminal only to be confronted with her own troubled past. Ultimately, she must make a choice that will change her life forever.

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