



Horses Don't Lie: What Horses Teach Us About Our Natural Capacity for Awareness, Confidence, Courage, and Trust

Chris Irwin

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In *Horses Don't Lie*, Chris Irwin, one of the most successful horse whisperers in North America, shows us that horses have much to teach us about ourselves when we strive to understand their behavior. Based on more than twenty years of working with, training, and observing horses, Irwin explains why trust and honesty are essential elements in building relationships with horses, and why the sensitivity and awareness that characterize a horse's perception of the world are qualities we can use to enrich our own lives. "A horse knows what you know," Irwin reminds us, and in *Horses Don't Lie* his message is clear: Horses have a great deal to teach us about how to communicate with empathy and patience—not only with them, but also with each other.

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