

For Women Only: A Revolutionary Guide to Reclaiming Your Sex Life

Jennifer Berman, Laura Berman, Elisabeth Bumiller

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A groundbreaking book by the co-directors of one of the country's first women's sexual health clinicsdestined to be an essential resource for women throughout the country.

According to The Journal of the American Medical Association, 43 percent of American women suffer from some kind of sexual dysfunction. And though the introduction of Viagra has increased attention to male sexual concerns, the problems women face are often ignored. For Women Only is the first book to offer a comprehensive exploration of female sexual dysfunction.

The co-directors of the Women's Sexual Health Clinic at Boston University Medical Center -- Jennifer Berman, a urologist, and her sister, Laura Berman, a sex therapist-draw on research and clinical findings to show that many of the physical problems that cause impotence in men can cause sexual dysfunction in women. In addition, many women experience diminished sexual response as they age, go through menopause, and after hysterectomies or other pelvic surgery.

Covering both physiological and psychological issues in a straightforward, sympathetic style, the Bermans provide authoritative, easy-to-understand information on the medical breakthroughs and treatments that can help women of all ages enjoy more fulfilling sex lives.



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Matthew Schwartz:

The publication untitled For Women Only: A Revolutionary Guide to Reclaiming Your Sex Life is the publication that recommended to you to study. You can see the quality of the e-book content that will be shown to you actually. The language that writer use to explained their way of doing something is easily to understand. The author was did a lot of research when write the book, to ensure the information that they share for you is absolutely accurate. You also can get the e-book of For Women Only: A Revolutionary Guide to Reclaiming Your Sex Life from the publisher to make you much more enjoy free time.

Sergio Espinoza:

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